

Next Meeting: Thurs., February 16, 11am-1pm

February 2017

Tanoan Country Club

This month's sponsors (*yep, they're links*):



Aging With Pride:

Creating Safe and Affirming Spaces for LGBT Elders

Havens Levitt, SAGE Albuquerque

As the baby boomers age, they represent a larger and larger number of elders requiring services. Concurrently, the number of older lesbian, gay, bisexual, and transgender elders grows. These older adults are twice as likely to be single, four times less likely to have children, and they report a greater loss of social networks than their non-LGBT peers. This isolation is exacerbated by a learned distrust of institutions and fear of mistreatment, especially at such a vulnerable stage in life. This presentation will provide foundational information about the LGBT community, a historical perspective for understanding LGBT elders, and explore best practices for creating LGBT welcoming services.



Havens Levitt, Sage

Havens Levitt is a native New Mexican, retired high school math teacher, and life-long LGBT rights advocate. She has served on the Equality New Mexico board and is currently co-chair of GLSEN Albuquerque (Gay Lesbian Straight Education Network) and the Program Administrator for SAGE Albuquerque (Services and Advocacy for GLBT Elders). She has witnessed the enormous changes that have taken place in attitudes and support for members of the LGBT community from the early 1970s to today. Her current work with SAGE Albuquerque is informed by her own experiences over 6 decades: as a young adult, a teacher, a lesbian activist, a social justice advocate, a daughter taking care of elderly parents, and now as someone having reached "senior" status at age 63 - looking into the future with some trepidation.

Editor's Piece



Jim Myers

Why do we use labels? Researchers in the US began studying the cognitive effects of labeling nearly 90 years ago. We fight ambiguity because it makes us uncomfortable - and honestly, we're communicatively lazy. Remember when your parent told you not to touch the stove because it was "HOT!" But as you grew older, "hot" became a wide-range of temperatures - and not all of them meant danger. Likewise, we've become more sophisticated in our labeling. Labeling won't go away - we're too complex for that. But we can do our best to deescalate the judgement that is often within it. Have fun with the humor in this [video](#) - and let's deescalate, shall we?

NMACC to go continued

NMACC Partypacks: (open houses, social gatherings, verified hearsay...)

- **Be sure you let us know about your open house or other event next month!**

NMACC Snacks: (non-profit events/causes...)

- [Alzheimer's Association—NM Chapter](#) is having a fundraiser at Panera Bread (in Coronado Center) on February 23, anytime between 4-8pm. You need to present Panera Bread with a flyer that is available from the Alzheimer's Association. Contact Nika Lawrie at 505-266-4473.
- [National Association of Social Workers-NM](#) Conference is coming up! This is the 37th annual conference, entitled, "Social Work in a Changing World: What's Identity Got to Do with It?" Wed-Fri, March 29-31. For more information and to register, go to [2017 NASW Conference](#).
- The Presbyterian Foundation is once again offering Daffodil Days. Now is the time to preorder for your office, your clients, your residents or whoever. Orders over \$100 will be delivered free throughout the ABQ metro area. To order, simply go to [Daffodil Days](#) and fill out the form. Daffodils will be delivered the week of March 15th, and benefit Presbyterian's non-profit Home Health and Hospice.

NMACC Sac: (fast links to helpful educational tidbits)

- [Sage's most recent Annual Report](#)

Next Month:

Our Twice-A-Year Network/Marketing Meeting!



One Friday afternoon after another unsuccessful interview, the accountant pulled into his local gas station on the way home. After the station owner struck up a conversation with the accountant and asked, 'how are things going,' instead of giving his standard reply of 'just fine,' the accountant answered honestly. He explained that he'd lost his job a few months before, and wasn't having any luck finding a new position close to home. The station owner asked what he did, and when the owner heard he was an accountant, he said: 'My sister was telling me last weekend what a hard time her company is having finding a new accountant, and she's just a few miles from here.' Needless to say, the accountant had a job interview a few days later, followed by an offer within a week, which he accepted." As this story demonstrates, if you don't share your skills, you'll never know what opportunities you might be missing. **Although you may**

not be looking for a new position, you never know who in the NMACC membership may connect you to someone you need to know. Please bring lots of cards and energy next on March 16 next month and work it! :)

NMACC Almanac: (Upcoming Meetings)

March 16 (Networking!), Apr 20, May 18, Jun 15, Jul 20, Aug 17, Sep 21, Oct 19, Nov 16, Dec TBD

"NMACC To Go" Submissions for announcements of any kind will be published the month of the event, unless the event scheduled occurs before the date of distribution. For accuracy, "Series" events (regular meetings) must be submitted monthly. Deadline for next edition: **March 3, 2016**

Please provide a link **and** email contact/phone number to your activity/event. Send submissions to: [NMACC to Go](#)

Want to find out more about NMACC? Go to [New Mexico Association for Continuity of Care](#). Attend the luncheon? Go to ["Calendar of Events"/NOTE](#).