

Next Meeting: Thursday, September 15, 2016 11am-1pm - [Tanoan Country Club](#)

September 2016

Sponsors (click to reveal website):



NM State Plan for Family Caregivers

The New Mexico State Plan for Family Caregivers details issues and solutions related to the 419,000 people in our state who provide unpaid care to loved ones each year. The presentation will highlight implications of this plan for NMACC members in their roles as service providers, employers and family caregivers themselves.

Myles Copeland serves as the Cabinet Secretary of the New Mexico Aging and Long-Term Services Department. He has served as the Deputy Secretary of the department since 2013. Previously, he worked with issues relating to Alzheimer's disease and other dementias, and he has a passion for helping the elderly and those who care for them. Before serving as deputy secretary at ALTSD, Copeland was the communications and advocacy director for the Alzheimer's Association, where he worked with stakeholders throughout New Mexico to support and enhance care for those affected by Alzheimer's disease and other dementias. He provided leadership to develop and improve caregiver training statewide, and worked with advocates, volunteers, and other stakeholders to keep policy makers informed about the needs of those affected by Alzheimer's and related dementias, helping to give them a stronger voice in the public policy process. Copeland also has a background in media, having worked as a reporter and radio producer for nearly 13 years. He holds a Master of Business Administration in Human Resources and Organizational Behavior from the University of New Mexico and Bachelor of Arts from Whittier College in Whittier, CA.



Related Hot Links:

[New Mexico Caregivers Coalition](#)

[Alzheimer's Association](#)

President's Piece:



If you haven't been a caregiver, at some point during your life, odds are that will become one. Although my mom is now an amazing 88, her "independence" is purchased by having someone mow her lawn, someone else clean her house and me to help get her groceries, mail her bill payments and occasionally do her banking. At this point, I'm still refusing to go bra shopping.

But not all seniors are as lucky and healthy as her. Many others in our state struggle with finances, have food insecurity and health issues, and have little or no family to help them out. Unpaid caregivers help fill needed gaps within our state's population. We need to do our best to support these folks in any way we can. I hope you're able to join us as Myles gives our own, private State-of-the-Caregiving-State address this month. J

NMACC Partypacks: (open houses, social gatherings, verified hearsay...)

- "[Presbyterian's Got Talent](#)" is the first-ever Talent Contest/Showcase put on by Presbyterian employees. You're welcome to come crash the party, buy a \$5 BBQ meal, and be an audience member. Who knows who you'll be able to schmooze with? Sept. 23, from 11am-1pm, in the center courtyard of Presbyterian Hospital. All proceeds for the lunch (the full \$5 per meal) will go to New Day Youth & Family Services, a 40 year old organization in ABQ helping struggling youth become productive members of our community
- On September 21st, [Silver Linings Connect](#) will be having their event at Brookdale Tramway Ridge, 11:30am-1pm. Please RSVP to info@silverliningsconnect.com. Networking for the senior care professional.
- The nonprofit [Osteoporosis Foundation of New Mexico](#) is dedicated to osteoporosis education and research. Find out more about upcoming presentations and volunteer opportunities at <http://www.ofnm.org/>

NMACC Membership Options:

Half price membership dues from now until the end of the year!

- **INDIVIDUAL** memberships (regularly \$155— **now only \$78**) may only be used by the member (non-transferable).
- **FLEXIBLE** memberships (regularly \$175 – **now only \$88**) are valid for any ONE member of a business entity (transferable within the business).
- **CORPORATE** memberships (regularly \$450 – **now only \$225**) can be used by any THREE members of a business entity (transferable within the business).



Please bring a raffle prize and some extra cash for those raffle tickets! All proceeds benefit the NMACC Education fund, and who knows? You might just be lucky enough to win something really cool!

NMACC Almanac: (Upcoming Meetings)

Oct 20, Nov 17, Dec 7 (holiday party), Jan 19th, Feb 16th

NMACC to-Go submissions for announcements of any kind will be published the month of the event, unless the event scheduled is before the date of distribution. For accuracy, "series" events (reoccurring meetings) must be submitted monthly. Please provide a link and email contact/phone number to your event. Send submissions to: [NMACC to-Go](#)

Deadline for the next edition: **Oct. 6th**

Go to nm-acc.org to find out more. Want to attend the luncheon? Email info@nm-acc.org.