

Next Meeting: Thursday, August 18, 2016 11am-1pm - [Tanoan Country](#)

August 2016

Sponsors (click to reveal website):



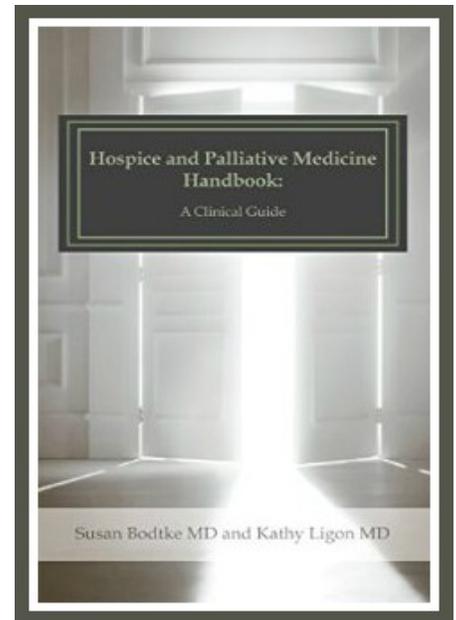
## Compassionate Care in Patients with Terminal Illness



Dr.  
Kathy  
Ligon

Kathy Ligon MD, is board-certified in both internal medicine, and hospice and palliative medicine, and trained in Eastern medicine. She completed fellowship training at the Institute for Palliative Medicine at San Diego Hospice. She is currently a hospice medical director at Presbyterian Healthcare Services in Albuquerque, New Mexico, and a palliative medicine consultant in the hospital and home settings. She is the co-author of [Hospice and Palliative Medicine Handbook: A Clinical Guide](#), published in March 2016, written to assist clinicians in offering expert and compassionate care to those with terminal illness.

Serving patients with advanced or life-limiting illness through the fields of Hospice and Palliative Medicine (HPM) is often poorly understood by patients, their families, and even members of the healthcare system. In this talk, Dr. Ligon will explore the importance and relevance of these medical specialties for those with life-limiting illness. HPM specialists guide patients and families in defining goals of care that honor the patient's wishes throughout their medical journey, direct care that prioritizes comfort in the setting of advanced illness. HPM specialists are experts in palliating complex and challenging symptoms, offering general and disease-specific prognostication, guiding communication between patients, family member, & physicians, and addressing relevant ethical issues that may arise.



### *Related Hot Links:*

[Terminal Illness: Supporting a terminally ill loved one \(Mayo Clinic\)](#)

[National Hospice and Palliative Care Organization](#)

[FAQs on Palliative vs. Hospice Care](#)

[So who pays for Palliative Care?](#)

## President's Piece:



*Caring for people at the end of life is an incredibly special privilege. There really can be a good death - or at least as good a death as possible.*

*By a certain age, most of us has experienced being in the presence of someone who has just taken their last breath. How close we were to that person in life often dictates the amount and depth of emotions which surface. I shared this article (<http://www.nextavenue.org/how-to-talk-without-words-to-a-dying-loved-one/>) with the board recently. The author, Phil Rice, describes the passing of a friend's mother. Please take a couple of minutes to read it. I think you'll appreciate what the author experienced - and perhaps change your own approach to our passing clients, patients, friends and most especially, family. -Jim*

## *NMACC Partypacks:* (open houses, social gatherings, verified hearsay...)

- Battle Enchilada VII will take place at St. Stephen's United Methodist Church, 4601 Juan Tabo Blvd. NE, on Friday, August 19th, from 11:30. Come join or better yet, participate in making your own enchilada entrée. For more information, please contact Nika Laurie @ [nlaurie@alz.com](mailto:nlaurie@alz.com) or call 505-266-4473.

## *NMACC Snacks:* (non-profit events/causes)

- The nonprofit Osteoporosis Foundation of New Mexico is dedicated to osteoporosis education and research. Find out more about upcoming presentations and volunteer opportunities at <http://www.ofnm.org/>.

## *NMACC Sac:* (fast links to helpful educational tidbits)

- The Barelas Senior Center will be having a Ceramics class on August 17th from 9 AM to 12 PM. This class is exclusively for Seniors. The address is 714 7th Street SW, Albuquerque, NM, 87102. Please call 505-764-6436 for more information.

## *NMACC Membership Options:*

**Half price membership dues from now until the end of the year! But the longer you wait to join - the more it will cost!**

- **INDIVIDUAL** memberships (regularly \$155 - **now only \$78**) may only be used by the member (non-transferable).
- **FLEXIBLE** memberships (regularly \$175 - **now only \$88**) are valid for any ONE member of a business entity (transferable within the business).
- **CORPORATE** memberships (regularly \$450 - **now only \$225**) can be used by any THREE members of a business entity (transferable within the business).



**Please bring some extra cash for those raffle tickets! All proceeds benefit the NMACC Education fund, and who knows? You might just be lucky enough to win something really cool!**

## *NMACC Almanac:* (Upcoming Meetings)

Sep 15, Oct 20, Nov 17, Dec 7—6-9pm (holiday party)

*NMACC to-Go* submissions for announcements of any kind will be published the month of the event, unless the event scheduled is before the date of distribution. For accuracy, "series" events (reoccurring meetings) must be submitted monthly. Please provide a link and email contact/phone number to your event. Send submissions to: [NMACC to-Go](mailto:NMACC to-Go)

Deadline for the next edition: **Sept. 6th**

Go to [nm-acc.org](http://nm-acc.org) to find out more. Want to attend the luncheon? Email [info@nm-acc.org](mailto:info@nm-acc.org).