

NMACC to Go



Next Meeting: Thursday, April 21, 11am-1pm - [Tanoan Country Club](#)

April 2016

Sponsors (click to reveal website):

It's Not Your Old VA



The VA is transforming into a health care system that is patient centered at every aspect of care. We partner with our Veterans to make sure they receive whole-person care personalized to meet individual healthcare goals, with an emphasis on prevention and health promotion. We offer many ways to access health care including personal visits, group clinics, telehealth, and MyHealthVet (internet access to the health care team and health information).

The VA achieves coordinated care through collaboration with all services networks within the VA and also outside community resources. A team approach to patient care centers around the Veteran, family members, caregivers and the health care professionals. Our VA panel will include a conversation about, and description of, many of these VA resources, programs, services and the transformation that is taking place in the VA, in order to deliver excellence in every aspect of patient care.

Presenters

(Pictured Left to Right):

Related Hot Links:

[New Mexico VA Healthcare System](#)

[Veterans Affairs—City of Albuquerque](#)

[Hope for the Warriors](#)



Linda Daninger RN, MSN, PHCNS-BC is the Health Promotion Disease Prevention Program Manager and Transformation Coach @ the New Mexico VA Health Care System. She has been at the VA for 30 years starting at the Minneapolis VAMC and transferring to the Albuquerque VA in 2012. She manages the VA's public health programs including MOVE (weight loss), tobacco cessation, immunizations (influenza vaccinations), stress management, exercise, diabetes management, screenings (cancer) much more.

Mary Ann Kreski, MSW, ACSW, LCSW is a Licensed Clinical Social Worker with over 30 years of post Masters Degree experience in clinical social work & consultation and program development. Mary Ann has experience in inpatient, ambulatory care, and home health care settings in private and university health care systems, receiving the Employee of the Year Award from Barnes-Jewish Hospital in 2004. Mary Ann has worked at the VA Illiana Health Care and the New Mexico VA Health Care Systems. Mary Ann has served as Caregiver Support Coordinator at the New Mexico VA, developing the Caregiver Support Program which provides counseling, support and education to caregivers of Veterans of all eras, and currently has enrolled over 700 caregivers.

Jennie Taylor BA is the MyHealthVet Coordinator and Transformational Coach @ the New Mexico VA Health Care System. She manages all aspects of the MyHealthVet program including registration of over 50,000 Veterans to participate and have access to all the MyHealthVet features including their personal health record, secure messaging to the Veterans health care team and much more.

President's Piece:



According to the 2013 Annual Homeless Assessment report (AHAR) to Congress" produced by the U.S. Department of Housing and Urban Development, there were an estimated 57849 homeless veterans estimated in the United States during January 2013; or 12 percent of all homeless adults. Just under 8 percent of homeless U.S. veterans are female. Military service can be a profoundly unnatural experience and it is likely that some help may be needed in debriefing and rehabilitation into the community, whether it be medical, psychological, practical or financial.

Don't wait for Veteran's Day to remember our service members. Whenever you have the opportunity to say "thanks" or pay for a meal, consider it. Many have paid the ultimate price, but many others who are still with us may carry invisible scars. NMACC, thank you for your care of these in our community.

NMACC Sac: (fast links to helpful educational tidbits...)

- [Mayberry Senior Services](#) will be having their open house from 3 PM to 7 PM on Thursday, April 16th at 5528 Eubank Blvd NE. Come take a tour, and free refreshments will be served!

NMACC Snacks: (non-profit events & causes...)

- [NAMIWalks](#) will be having their largest and most successful mental health awareness and fundraising event in the country! The Walk will be held May 7, 2016 at 5500 Balloon Fiesta Pkwy NE. To register, please visit the [NAMIWalks](#) website! The Walk registration starts at 8 AM, and the event starts at 9 AM!
- [March for Babies](#), a nonprofit event pushing for better health for babies, will be held Saturday, May 7th, 2016 at 9521 San Mateo Blvd NE at 10:00 AM. Registration will be at 8:30 AM or you can visit the website!

The Alzheimer's Association—NM Chapter

will be having their UnFOREgettable Golf Classic on Monday, June 20th, at Tanoan Country Club. To get your tickets or if you're interested in Sponsorship opportunities, please call 505.266.4473.



Please bring some extra cash for those raffle tickets! All proceeds benefit the NMACC Education fund, and who knows? You might just be lucky enough to win something really cool!

NMACC Almanac: (Upcoming Meetings)

Apr 21, May 19, June 16, July 21, Aug 18, Sep 15, Oct 20, Nov 17, Dec TBD (holiday party)

NMACC to-Go submissions for announcements of any kind will be published the month of the event, unless the event scheduled is before the date of distribution. For accuracy, "series" events (reoccurring meetings) must be submitted monthly. Please provide a link and email contact/phone number to your event. Send submissions to: [NMACC to-Go](#)

Deadline for the next edition: **May 7, 2016**

Go to nm-acc.org to find out more. Want to attend the luncheon? Email info@nm-acc.org.