

NMACC *to go*



Next Meeting: Thurs., September 17, 11am-1pm

September 2015

Tanoan Country Club

This month's sponsors:



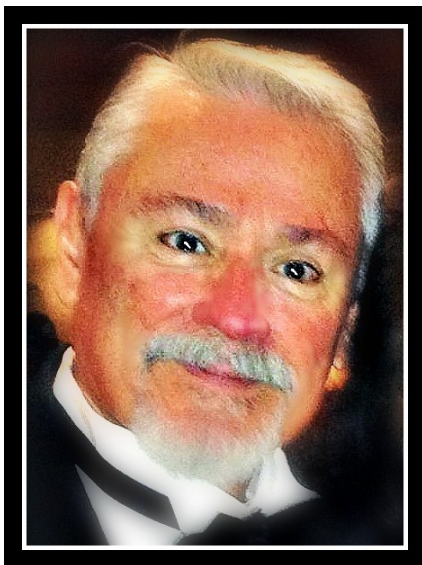
The Adult Protection Process *Gap Silva*

The warning signs that may indicate a senior is being abused include more than cuts and bruises. Other less obvious **red flags** that can signal an older adult is being abused include:

- Strange-looking skin markings such as burns, friction marks and welts.
- Having frequent, hard-to-explain wounds and injuries.
- Appearing to be anxious and fearful around a family member or caregiver.
- Withdrawing from social activities, family outings, hobbies and even from religious services.
- Change in personal appearance such as unintentional weight loss, poor hygiene and grooming, or soiled clothing.
- Calls or letters from creditors and bill collectors about unpaid accounts despite having adequate income.
- An older adult's lack of knowledge about their finances or inability to explain purchases on their credit card or the purpose for multiple ATM withdrawals.
- Unexplainable genital infections or diseases.

In this informative NMACC member meeting, Gap will cover:

- How are reports to **APS** processed.
- What does the Social Worker look for?
- What recommendations do they make?
- When will a person be removed and placed in care?
- When does law enforcement get involved?
- How long will it take to make a determination of what is happening with an individual?



Agapito "Gap" Silva

Gap is the Metro Regional Manager of APS under the Aging and Long Term Care Dept. of the state of NM.

When he's not helping adults in abused situations, he's taking care of his daughter Izzy, and Mary Martinez, of Home Instead Senior Care, is taking care of both of them.

Related Hot Links:

[Adult Protective Services](#) website and ["Adult Abuse Awareness"](#)

US Department of Health and Human Services ["What is Elder Abuse?"](#)

[Did you know there was a "World Elder Abuse Awareness Day?"](#) (next year will be the 11th annual...)

Forbes, June 18, 2015: ["It's Time To Get Serious About Elder Abuse"](#)

The [Silver Alert](#) law took effect on July 1, 2013.

The Alzheimer's Association - NM Chapter benefited from the NMACC Education funds last month. Thanks for your support! Don't forget, Walk to End Alzheimer's is Sept. 26!

NMACC *to go* continued

NMACC Partypacks: (open houses, social gatherings, verified hearsay...)

- Health Fair at [Ravenna Assisted Living](#), Wed., Sept. 16th, from 3-6pm. Reiki, acupuncture, aromatherapy, chair massage and more await you. Refreshments and giveaways. For more information, call 800-875-8976.

NMACC Snacks: (non-profit events/causes...)

- Volunteers are still needed for the [UnfORgettable Golf Classic](#) put on by the Alzheimer's Association - NM Chapter, on Monday, Oct. 5th, from 7am-3pm, at Tanoan Country Club. Breakfast & Lunch provided. For more, contact Peter Tras @ 505-266-4473.

NMACC Sac: (fast links to helpful educational tidbits)

- Lovelace Senior Summit, Tuesday, Sept. 8, from 8:30-11:30am, Manzano Multi-Generational Center. For more information, contact [Megan Oblack](#) at 727-5501.
- "Be the CEO of your Own Brain: Mindsight and Thinking Agility" - presentation by Christine Wagner at Women Make A Difference, Friday, Sept. 11, from 11:30-1:05 at Tanoan Country Club. Reservations required - \$27 fee. For more information, call [Val Romero](#) @ 505-362-8546. And plan ahead for Friday, October 9th, with "Managing Conflict in Small Business to Business Relationships" - Jill Heppenheimer. Same fee, same place, more knowledge.
- "[Improving Population Health for a Healthier New Mexico](#)" - NM Secretary Retta Ward will be speaking on obesity, diabetes, prescription drug overdose, teenage pregnancy and other topics. Thursday, September 17th, from 6:30-8pm, ABQ Healthcare Partners Auditorium, 5400 Gibson Blvd. SE, ABQ. Cost \$25 (light dinner will be served). Registration ends 9/10/15. Go to <https://healthcareabq2015.eventbrite.com> to reserve your place. **Sponsored in part by NMACC.**

September is "Stop Senior Hunger Month"

During the month of September, Comfort Keepers, the City of Albuquerque Dept. of Senior Affairs, and Silver Horizons are working to raise awareness for this growing epidemic that impacts millions of older Americans trying to remain healthy and independent. Join us with your non-perishable food donation at the city-wide Stop Senior Hunger locations at area Senior/Multigenerational Centers, Comfort Keepers offices, Presbyterian hospitals, Walgreens locations and - perhaps your organization!

To learn more about senior nutrition and how you can participate in the Stop Senior Hunger events city-wide, call Comfort Keepers @ 232-7070, Dept. of Senior Affairs @ 764-6400 or Silver Horizons @ 884-3881.

Next Month: Networking Event!

NMACC Almanac: (Upcoming Meetings)

October 15, November 19, December 3 (eve), January 21, February 18, March 17, April 21, May 19, June 16

"NMACC To Go"

Submissions for announcements of any kind will be published the month of the event, unless the event scheduled occurs before the date of distribution. For accuracy, "Series" events (regular meetings) must be submitted monthly. Deadline for next edition: **October 2, 2015**

Please provide a link **and** email contact/phone number to your activity/event. Send submissions to: [NMACC to go](#)

Want to find out more about NMACC? Go to [New Mexico Association for Continuity of Care](#). Attend the luncheon? Go to ["Calendar of Events"/NOTE](#).

NMACC to go is the board-approved E-newsletter of the New Mexico Association for Continuity of Care. Submissions are open to current members in good standing of NMACC.

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