

November 2015

Next Meeting:

Thurs. , November 19, 2015

11:00 AM to 1:00 PM

[Tanoan Country Club](#)



This month's sponsor:



THE RETREAT
ALZHEIMER'S SPECIALTY CARE



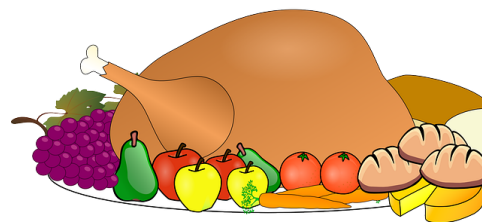
**Carole A. Mazurowski,
PhD**

Dr. Mazurowski is a health psychologist and neuropsychologist in private practice. Her studies and training focused heavily on neuropsychology and neuropsychology of aging. She does neuropsychological evaluations for Parkinson's patients considering deep brain stimulation surgery and volunteers with the New Mexico Parkinson's Disease Coalition leading a support group for caregivers.

- Every year, 60,000 people in the US learn they have Parkinson's Disease.
- From disbelief to acceptance, seeking information for denial, depression to anger, all are common responses to hearing this diagnosis.
- No two people have the same symptoms, reaction or degree of impairment caused by Parkinson's disease.

In this informative NMACC member meeting, Carole will cover:

- How Parkinson's disease affects much more than physical movements.
- What are the cognitive aspects of the disorder?
- What are the emotional aspects of the disorder?
- How are these aspects making caregiving more difficult?
- How is cognitive decline in Parkinson's different from Alzheimer's disease?
- After her presentation, feel free to ask her any questions you may have about her work.



Related Hot Links:

[New Mexico Parkinson's Disease Coalition](#)

[National Parkinson's Foundation](#)

[Parkinson's Support Group Locator](#)

Please bring some extra cash for those raffle tickets! All proceeds benefit the NMACC Education fund, and who knows? You might just be lucky enough to win something really cool!

NMACC to go continued

NMACC Partypacks: (open houses, social gatherings, verified hearsay...)

- Don't forget! Christmas is around the corner, and NMACC will be having their annual Christmas Party at Tanoan on the evening of December 3rd. From 5:00 PM to 8:00 PM. Please put it on the calendar, and we look forward to seeing you there!

NMACC Snacks: (non-profit events/causes...)

- [Senior Hall of Fame Reunion](#) is Tuesday, November 17, 2015 from 5 PM to 8PM at the Crowne Plaza Hotel, 1901 University Blvd. NE. Please call Ron at 505-800-1400 or email: RON@SILVERHORIZONS.COM
- [Senior Spotlight Services](#) will be held on Wednesday, November 18, 2015 at 1950 Pine Rd. NE, Rio Rancho, NM 87144. The luncheon will be from 11:30 AM to 1:00 PM. It will be hosted by French Funerals and Footprints Homecare. Bring a door prize and invite a guest! Please RSVP to Janet Laswell at info@spotlightseniorservices.com

NMACC Sac: (fast links to helpful educational tidbits)

- You may know Michael J. Fox from his hit roles on "Family Ties" and "Back to the Future"; however, he also is a victim of Parkinson's Disease. He started the [Michael J. Fox Foundation](#) in an effort to find a cure. Feel free to explore the Foundation website to learn more about the cruel disease and nationwide events coming up in support of finding a cure.

In 1982, Silver Horizons began honoring outstanding seniors in New Mexico who have demonstrated a lifetime commitment to community service. Our Board of Directors acknowledges that, to a significant degree, many advances in our community are due to seniors. Each year, Silver Horizons hosts the Senior Hall of Fame gala to acknowledge the hard work, dedication and positive impact these truly outstanding seniors have made.

The Senior Hall of Fame represents an elite and unique group of seniors who share many years of commitment to volunteerism and public service. Using their considerable skills, life experiences, and energies, each year's inductees have worked tirelessly to improve quality of life for people of all ages. They function as role models of caring and selfless dedication, leaving their helping and creative mark on our schools, hospitals and social agencies. They have protected our environment, enriched our cultural life, provided guidance for our young people, and brought hope and meaning to the lives of the lonely, disadvantaged and elderly.



Don't forget! NMACC is offering special discounted prices for 2016! Get a little more "bang for your buck" and avoid the regular cost by signing up now. Take advantage while you still can through our [website!](#)

Next Month: Christmas Party!

NMACC Almanac: (Upcoming Meetings)

December 3 (eve), January 21, February 18, March 17, April 21, May 19, June 16

"NMACC To Go" Submissions for announcements of any kind will be published the month of the event, unless the event scheduled occurs before the date of distribution. For accuracy, "Series" events (regular meetings) must be submitted monthly. Deadline for next edition: **November 23**